

# Progressions of Figure Skating

## Learn to Skate

Before registering for a Learn to Skate class you must become a member of Learn to Skate USA: [www.learntoskateusa.com](http://www.learntoskateusa.com)

*Start here:*

Tot classes: Ages 3-5

Basic Classes: Ages 6+

**Continue through the Learn to Skate USA levels**

### Speciality Learn to Skate Classes

Competition Class: must pass Basic 1 or Tot 1

Little Diamonds Synchronized Skating: must pass Tot 1 or Basic 1

Ice Dance Class: Recommended to pass Pre-Freestyle Class



## Common Questions

*When should I buy my skater their own skates?*

Make sure your skater really loves skating before you invest in skates! We recommend purchasing skates around Basic 3 or 4.

*Where should we get skates?*

We recommend Skaters Edge in Lyndhurst, Ohio. Call to make an appointment (440) 995-3343. Skates should have strong ankle support and properly sharpened blades.

*When should we hire a private coach?*

If your skater is struggling to learn a skill or getting through a class we recommend working with a private coach. Or, when your skater enters the high basic levels/ low freestyle levels. Having a private coach will help your skater master skills and make it easier to navigate the skating world.

*How do we hire a private coach?*

You can directly ask a coach that your skater enjoys learning from in classes. Or you can contact the Arena's Skating Director. (440) 974-5730

*When should we join the Mentor Figure Skating Club?*

You can join the Figure Skating Club any time after your skater passes Basic 1 in Learn to Skate. We recommend making sure they are really invested in skating and talking with a private coach first. You can contact the Club through their website: [www.mentorfsclub.org](http://www.mentorfsclub.org)



## After Learn to Skate

Working with a private coach and Learn to Skate Speciality Classes are the best ways to prepare for skating after Learn to Skate! The Mentor Ice Arena is home to the Mentor Figure Skating Club.

### United States Figure Skating Association (USFSA)

Your skater will become a member of USFSA after Learn to Skate. They will start working through levels sanctioned by the United States Figure Skating Association. Skaters start with moves in the field levels while working on the freestyle levels as well. Your skater can also decide if they want to do dance, pairs, or synchronized skating as well.

*Standard Levels in USFSA*

Pre-Preliminary, Preliminary, Pre Juvenile, Juvenile, Intermediate, Novice, Junior, Senior

### Synchronized Skating

Synchronized Skating is a sport between eight and sixteen skaters performing together as a team. They move as a flowing unit at high speed over the ice, while completing complicated footwork. Mentor Ice Arena is home to Intensity Synchronized Skating Team.

**MENTOR  
ICE ARENA**

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